

# Tough Choices

<b>Health and Fitness</b>	<b>Personal Development</b>
<b>Personal Relationships</b>	<b>Self Care</b>
<b>Housework</b>	<b>Schoolwork / Education</b>
<b>Business</b>	<b>Business Development</b>

# How to Make Tough Choices

Whenever you need to make a tough choice (and the small and even tiny ones totally count) here are some questions to take yourself through

What are my choices?

1.

2.

3.

4.

What are the pros and cons of each choice?

Pros

Cons

Pros

Cons

What are the long-term consequences of each choice?